

## SCOPE OF THE COURSE

This course will provide an overview of nutrition status and nutrition intervention utilized in patients with advanced liver disease.

## OBJECTIVES

At the conclusion of the course, attendees will be able to:

1. Discuss nutritional status as a predictor of clinical outcome in patient with end stage liver disease (ESLD).
2. Discuss nutrition intervention in patient with ESLD.
3. Describe parenteral nutrition associated liver disease.

## SPEAKER

**Dr. Hossam Kandil, MD, PhD**, is currently Chief of Gastroenterology at Forbes Regional Hospital in Pittsburgh. Dr. Kandil received his medical degree from the Faculty of Medicine, Alexandria University, Egypt. He completed his residency at the University of Pittsburgh and his gastroenterology fellowship at Vanderbilt University. He received his PhD in Nutrition and Epidemiology at UNC-Chapel Hill. He has held numerous clinical and academic appointments at facilities including the University of North Carolina, University of Pittsburgh, and East Carolina University.

Dr. Kandil is certified by the American Board of Gastroenterology. He currently holds professional memberships within the American Gastroenterology Association, American Society of Parenteral and Enteral Nutrition, and the American Association for the Study of Liver Disease.

Dr. Kandil is very well published, has been recognized with several honors and awards, and has conducted extensive research related to nutrition, gastroenterology, and liver disease.

## DINNER PROGRAM

- 5:30 PM –6:30 PM Registration, exhibits, and cash bar  
6:30 PM – 9:00 PM Presentation, dinner, and questions

### *Dinner Selections (Choose One):*

\* Chicken Bruschetta – Lightly breaded breast of chicken sautéed and topped with arugula, tomato, olives, roasted garlic and basil finished with Balsamic aseto

\* Veal Portobello - Escalloped and sautéed with Portobello mushrooms, artichokes, fire roasted gold & red peppers and finished with a rich Madeira demi-glaze

\* Vegetarian Terrine - Layered seasonal roasted and grilled vegetables with soy kaas and rich Balsamic reduction sauce

*All include spinach salad and classic pecan ball for dessert.*

## CONTINUING EDUCATION

### **Physicians**

Approval for 1.5 hours of continuing education credit is being submitted to the American Academy of Family Practice Medicine.

### **Dietitians**

Approval for 1.5 hours of continuing education credit is pending from the Commission for Dietetic Registration of the American Dietetic Association.

## GPASPEN DINNER PROGRAM REGISTRATION

### *“Nutrition Approach to Patients with Advanced Liver Disease”*

NAME : \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL : \_\_\_\_\_

DINNER SELECTION: \_\_\_\_\_

DISCIPLINE: MD RN RPh RD

REGISTRATION FEES: (Please Circle One)

*GPASPEN Member* \$ 25.00

*Non-Member* \$35.00

*Undergrad Student (ID Required)* \$25.00

DEADLINE: Friday, November 4<sup>th</sup>, 2016

Make checks payable to: GPASPEN

Send registration form and check to:

**Linda Polakovsky, RD, CNSC**  
**17 Roseanne Circle**  
**Irwin, PA 15642**

**Phone: (724)454-6116**

**Email: lsp5852@comcast.net**

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*Greater Pittsburgh Area Society for  
Parenteral and Enteral Nutrition*

*Presents*

**“Nutrition Approach to Patients  
with Advanced Liver Disease”**

*By*

**Hossam Kandil, MD, PhD**

Chief of Gastroenterology

Forbes Regional Hospital

Pittsburgh, PA

**Thursday, November 10, 2016**

**LeMont Restaurant**

1114 Grandview Ave.

Pittsburgh, PA 15211

Phone: 412-431-3100



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Irwin, PA 15642